



# Ashby U3A



## Newsletter January 2019

### Interest Groups Timetable for February

Date	Time	Group	Venue or Meeting point
Mon 4th	2-4 pm	Bridge	Hood Park Leisure Centre
Tue 5th	9:45 for 10:00 start	Walking	The Globe Inn, Snarestone
Wed 6th	10:00 am	Music Appreciation	Neil's at 40 Willesley Gardens
Wed 6th	2:00 pm	Computer	16 Winchester Way
Thu 7th	10:00 am	Digital Photography	16 Winchester Way
Thu 7th	10:00 am	Recorder	Joan's house
Mon 11th	TBA	Bridge	TBA
Mon 11th	9.45 for 10 am start	Medium Walks	Dimminsdale CP
Tue 12th	7.30 pm	Trips and Outings	Theatre Royal Nottingham "Blood Brothers". £38. This is now sold out. Transport by car-share to Clifton South tram Park & Ride. See poster for full details
Tue 12th	10:00 am	Calligraphy	At Diane's New Year resolution - dip pens using any font
Tue 12th	1:30 pm	Literature	28 Willesley Gardens
Wed 13th	2:00 pm	Family History	2 Marlborough Way
Thu 14th	12 for 12.30 pm	Lunch	White Hart, Ashby
Fri 15th	10:00 am	Short Walks	Meet at Staunton Harold Garden Centre lower car park
Mon 18th	TBA	Bridge	TBA
Mon 18th	2:00 pm	Computer	16 Winchester Way
Tue 19th	9:45 for 10:00 start	Walking	The Crewe and Harpur, Swarkstone. DE73 7JA
Wed 20th	10:00 am	Drawing and painting	Megan's house.
Wed 20th	2:30 pm	Quiz	Bull and Lion, Packington
Thu 21st	2:00 pm	Gardening	Packington Village Hall Talk on Hidcote Manor Gardens - pre visit talk. £3 pp
Sat 23rd	Meet at Featherbed Lane for 9.45 am depart	Industrial Heritage	Claymills Pumping Station, Meadow Lane, Stretton, Burton-on-Trent, DE13 0DA
Mon 25th	TBA	Bridge	TBA
Mon 25th	10:00 am	Italian	Lynda's house
Thu 28th	2:00 pm	History	Packington Hall. Sandra Moore - 'Loving Memories'
Thu 28th	7 for 7.30 pm	Supper Club	The Globe Inn, Snarestone

## **Early March**

Date	Time	Group	Venue or Meeting point
Mon 4th	2-4 pm	Bridge	Hood Park Leisure Centre
Tue 5th	TBA	Walking	TBA
Wed 6th	2:00 pm	Computer	16 Winchester Way
Thu 7th	10:00 am	Digital Photography	16 Winchester Way

\*For trips, outings, walks and other events which meet away from the usual venues, see further details in the relevant Group Reports below, or on our website [www.ashbyu3a.co.uk](http://www.ashbyu3a.co.uk)

## **Tea Rota etc. for the monthly meetings**

Month	Tea and Coffee Rota	Meeters and Greeters	Reporting Groups
Feb	Glenys Morrice, Maggie Rice, Avril Wilson, Beth	TBA	TBA
March	John Howlett, Joyce Ottey, Margaret Berry, Mary Gough	TBA	TBA

## **A REMINDER ABOUT MEMBERSHIP RENEWAL**

Your membership renewal is due on 1st April. The fee this year is £16.50, or £13.00 if you are the 2nd member at one address or a fully paid up member at another U3A.

Renewal forms are downloadable by clicking on the "Information" tab on the website or from the Membership Sec., Iain Banns.

## **MONTHLY MEETING** - Tuesday 22nd January

This month's meeting differed from the normal in that we had 2 speakers, both talking about medical issues.

We started with Intercare, a charity set up to send medicines and medical supplies to Africa. Charlotte, their fundraiser, gave us a quick history and explained the way that they obtain their supplies from medical supply companies. Some are donated if for some reason they do not conform to UK requirements but most have to be bought with donated monies.

Intercare is based in Syston and was started in 1995 by Dr David Rosenburg who had a variety of unwanted medical samples at his surgery. He asked other surgeries if they too had any to spare and that started the first consignment.

The consignments are sent twice a year to 100 different clinics and hospitals in 5 countries - Sierra Leone, Ghana, Zambia, Tanzania and Malawi.

The boxes are all tracked to Africa where upon tracking becomes more difficult but on arrival at their destination the recipients telephone to confirm their arrival.

There are 5 paid staff members and 50 volunteers who work either in the office or the warehouse. They check if the supplies will still be in date when they arrive as the boxes will take time to transport and process on arrival. Packing boxes is quite an art, last year they sent 649 boxes weighing 10,159kgs with the approx. value of each box £7,200. So far, since they started, they have raised £15,171,038

John then spoke about his role as a volunteer and the trip he took with Intercare to Tanzania last year. Intercare try to visit all of their clinics and hospitals every 2 years to check on the situation in the facilities, to talk to the doctors and nurses about their needs and qualifications.

Intercare do not want to waste it's resources so they check to see if what the clinic or hospital asks for is actually being used, unlike other charities working in the area who have built buildings only,

with no funding for anything else and they are left empty, or who have donated vehicles that clinics cannot afford to run because of the cost of diesel fuel. Intercare make sure that what it sends will be of value.

John told us stories of the way the doctors deal with the huge rural areas, eking out the medicines and medical supplies until the next shipment arrives, also the success stories of people and children they have treated with limited resources at hand.

Charlotte rounded up by explaining how anyone can help raise funds, and how they run several events themselves from ceilidhs, quiz nights, golf days and treasure hunts. They also have had runners taking part in the London marathon and the Great North Run.

Next we had Brian Lilley from Shepshed who is a volunteer Community First Responder organised by Shepshed Lions who are linked to East Midlands Ambulance Service. The stand-by volunteer is dispatched when a 999 call comes in and because they are local will usually arrive before the ambulance. They mainly cover incidents of cardiac arrest, stroke, diabetes, and anaphylaxis where they can administer CPR and other first aid until the paramedics arrive. They do not go to Road Traffic accidents. The service was started with 8 volunteers in 2013 it now has 19 in the Shepshed and Loughborough area.

Brian came mostly to talk about Community Public Access Defibrillators (CPADs) and how members of the public can use them to save lives. Each year there are 30,000 cardiac arrests, but the survival rate out of hospital is currently very low at 7%. Immediate CPR followed by the use of a CPAD can make a big difference. Every minute lost reduces the chance of survival by 10%.

The survival rate is so low because few people have been trained in CPR or are afraid to administer it partly for fear of hurting someone or breaking their ribs. As Brian pointed out, a person who has had a heart attack will die without intervention. A broken rib is the least of their worries. He also pointed out that the law was changed such that you cannot be prosecuted or sued for any injury caused whilst attempting to save someone's life. (Basically you press hard with both hands on their breastbone to the rhythm of "Nellie the Elephant" and keep going.)

Nor are people aware of defibrillators, where they are and how to use them. Defibrillators are placed in the community for the public's use often on public buildings or on shop fronts. They are in a locked box to prevent vandalism. (Yes, people try to steal or damage them!)

**In the event of an emergency you should first ring 999** to get the code to open the box. This will also set an ambulance and first responder on the way. If you do not know where a defibrillator is situated the emergency services will give you directions to one if it's within 800 yds of the phone being used.

Having opened the box and turned on the machine, it will tell you precisely how to use it. You just need to follow the spoken instructions to attach its sticky pads to the patient and it will start to analyse them. Do not touch the patient when it's checking for responses nor whilst it is shocking them. It will remind you about this before it administers shocks. Once it has completed its shocks, you will be asked to continue with chest compressions, do so, until either the machine asks you to stop so it can re analyse the heartbeat again or help arrives.

There are at least 4 defibrillators in Ashby: on the outside of the disabled toilet next door to Wetherspoons; on the outside of Huntingdon house at the top of Market St; in the Hood Leisure Centre and inside Tesco near the checkouts.

There is still a chance that you will not save that person, but without intervention they will almost certainly not survive. You and they have nothing to lose by trying.

### **Next Monthly Meeting on Tue 26th February at 2 pm**

William J French will give a talk on "A Butler to Royalty" followed by a short talk by Sharleen Taylor about the Royal Volunteer Service and what it does in our area.

## **GROUP REPORTS**

### **Bridge – Leader Neil Roberts 01530 455957**

This is Bridge for players of all levels playing friendly Contract Bridge with some chatter. Several of our number are "beginners" or "returners" and we have experienced players who are happy to help others improve their game. We now have about 20 active players.

The group has 2 venues. They usually meet at the Hood Park Leisure Centre in the 1st floor function room for afternoon sessions and at Ivanhoe Social Club in the front lounge for the evening sessions.

However, due to refurbishment we will not be able to play at the Ivanhoe Club in January, and probably in February too. In the meantime all sessions will be afternoons at Hood Park.

Free car parking is available at both venues, but must be signed in at Hood Park.

If you would like to know more, contact Neil on 01530 455957 or Pat Ford on 01827 830672

### **Calligraphy – Leader Jenny Slawson 01283 229718**

The group did not meet this month but they will be back at Diane's house on Feb 12th

### **Computers – Leader John Howlett 01530 461774**

We meet twice monthly to try to solve anyone's computer problems and to better learn how to use them whether they are PCs, Macs, iPads or Android Tablets. All are welcome. No experience necessary. If you have a computer problem, come along and we'll see if we can fix it.

#### 20th January

Today we had eight attending including two new members.

Carolyn has to move from her office systems to a home PC, and needs to retrieve and manage documents etc created using her work machines. Mike and John H worked with her on setting up the free Open Office and showing how this differs from Microsoft Office.

Greta needed to work on managing storage systems, and particularly photo files on her tablet. Steve pitched in here and helped her along, and looked at transferring photos from the tablet to other platforms.

There was a short open discussion about back up storage in general and the relative merits of backing up to The Cloud (via various services) and using a removable Hard Drive.

We also discussed managing emails across multiple devices, and what happens on the other devices when you edit/delete/add emails on one of them.

David was looking at editing photos and worked mainly on his own.

### **Digital Photography – Leader John Howlett 01530 461774**

We meet to try to understand how to get the best out of our digital cameras whether they are simple compact cameras or full-blooded DSLRs and how to edit or modify the pictures afterwards. We try to get out and practice every other month. We do not as yet enter competitions.

#### 4th January

We met today at Colin W's as John H was poorly.

There was little to discuss except the various methods for getting really close up shots without including too much background, and making ultra wide pictures using cameras panorama mode versus stitching photos together on a computer.

We talked about establishing an agenda of sites and locations to visit, and possible 'master classes'. Steve and Colin will start the process and report back.

We next meet on Thursday February 7th at 16 Winchester Way

## **Drawing and Painting – Contact Chris Dogherty 01530 411148**

16th January

The first meeting of 2019 was devoted to "Pets" or more accurately "Dogs" as the four "artists" all chose to interpret the theme with appealing portraits of "man's best friend" (see the gallery).

Next meeting, 20th February. 10am. Theme .. Winter..... Venue Megan's House

## **Family History – Leader John Dogherty 01530 411148**

December 12th

For our first meeting after the New Year we had three.

Leslie is making good strides with her tree, but became stuck on tracing a marriage. As she was using the iPad App, we needed to go onto WebSearch, to search on Marriages on BMD.

JD Brought up the page on his laptop and Leslie then mirrored the process to locate two possible marriages. We determined that one target was much more likely than the other, so Leslie will now try and track the lady in question using her maiden name, known age, and birth location, derived from the Census.

Keith is still waiting for his relation to supply a GEDCOM, but in the meantime he has started his own Ancestry account and is populating it slowly, meanwhile exploring the facilities. If the relative is unable or unwilling to help, he will start to mirror the records on their tree, with his own account tree side by side using a split screen, and transcribe the necessary information.

Part of this process will allow him to check the facts behind the entries, as it is unwise to take others' research at face value, and it will be good training anyway.

We enjoyed the posh biccies generously donated by Eileen before Christmas.

Our next meeting will be on 13th February at 2.00 pm.

## **Gardening - Leader Paul Dean 01283 295987**

The Gardening Group is one of the largest interest groups. The committee try hard to provide a selection of activities suitable for all, including talks on various topics, trips out to well-known gardens and social events where plants are swapped and garden problems are solved! There is always food and drink at the end of each meeting and occasionally prizes to be won! Please come along and meet us and give the gardening club a try.

17th January

Today for our latest meeting we had a talk and slide show given by Sally Cunningham on Plants from the Past that was attended by 32 members. It was very instructive with information on when some of the oldest plants were found in our country and when varieties of plants and trees were first introduced here and the countries of their natural habitat. She also talked about plants used to dye fabrics and various other things plants are used for.

Our next talk will be given by a guide from Hidcote gardens prior to our visit in May.

## **History – Leader Jane Harris 01530 838025**

24th January

A Day in the life of a Metal Detectorist by Jonathan Smith.

A good turnout of 39 today listened to an excellent and entertaining talk on Metal Detecting. This is now a respectable branch of the Archaeological world, helping professionals when needed and providing much valuable additional information on sites all over the UK which have not yet been fully investigated.

Jonathan got into Metal Detecting over 12 years ago, partly as a need to get a hobby. He confessed to some anticipation of unique or very rare finds.

He showed us the kit he had acquired over the years, which is quite impressive, using the latest wireless and GPS technology. He stressed that such as he are decidedly not treasure hunters, as they have to abide by strict rules, and they hate what he calls "Nighthawks". These are nothing to do with 'Allo 'Allo!. They are illegal detectorists who enter land without permission and effectively steal anything they find.

The proper detectorists need to decide where and when to search, using multiple tools including maps, records and even local gossip. Sometimes they are invited in by farmers, always they ask permission. He has been invited by Time Team to help, and on his first commission, (they are paid for this so they lose any interest in any finds) he found a rare Henry Vth gold Noble. When he showed it to the "Tonycam" his hands were visibly shaking.

Frequently they are hired by people such as the controllers of Music Festivals to clear the ground afterwards of tent pegs, etc. They often, therefore, find many lost coins. They can tell by the kind of signal what sort of metal is there, but it often turns out to be tinfoil or other very recent domestic rubbish.

The finds can range from really good ones such as coins, ancient jewellery and sometimes, bits of weaponry, musket balls etc. They once found a plastic toy German soldier about to throw a stick grenade! Anything really suspicious they report immediately to the police and the owner of the land.

When they do make a significant find they report it to the owner and to the local Small Finds Officer for registering in the Portable Antiquities Scheme and potential submission to the Coroner for assessment within the Treasure Act.

He told us about Luigi Ware, a form of pottery which it seems is associated with luck. Believe that if you like! Pottery and other non-metallic finds are identified only if they come up with metal objects.

He had on display a substantial array of small finds for us to look at and to handle. A rare opportunity not usually found at museums.

It was a fun presentation, given in a light-hearted way, with some slides and a short clip from the Time Team programme in which he found the coin.

## **Industrial Heritage – Leader Mike Stow 01530 469152**

23rd January

13 members ventured down to Coventry, one going there direct whilst the remaining dozen shared 3 cars from Ashby. Despite some finger trouble with the sat-nav in one car, everyone arrived at the park & ride eventually and most of us managed to get on a bus going in the right direction! But we all got there in the end.

The museum is free (as was the car park & the bus for those of a certain age) and well worth the money! It specialises in the vehicle makers who made Coventry famous as the heart of Britain's car industry. It all started with bicycles. Over a 100 yr period there have been 450 cycle makers in Coventry. They came in all shapes and sizes from boneshakers and velocipedes to penny farthings to 4-wheelers. One enormous 'bike' had 7 pairs of wheels and seated 14 soldiers as a means to move troops around quickly!

Someone inevitably had the bright idea of putting an early petrol engine in one and the motorcycle was born. From there it was but a short step to add more wheels and some weather protection and the car was with us. Because of this centre of excellence, Coventry remained the heart of the British car industry until the 70's. Here we saw all the cars that we or our parents owned or at least wished we'd owned. Triumphs, Rovers, Hillmans and Jags.

The final gallery is dedicated to 2 machines - Thrust2 and ThrustSSC, both Land Speed record holders. The latter, 54 ft long, weighing 10.5 tons and powered by 2 Rolls-Royce engines out of a Phantom jet fighter, still holds the record at an incredible 763mph - faster than the speed of sound.

A lovely museum packed with interesting exhibits. And did I say it's free.

### **Italian Group – Leader Lynda Hall 01530 415922**

28th January

Today we looked at agreement of the definite and indefinite article, colours and approximations. No listening, but some tricky conjunctions of indefinite articles and adjectives. We were put to the task of assembling suitable accoutrements for people for different occasions, such as parties or the office.

Our next meeting is on 25th February at Lynda's house

### **Literature Group - Leader Sandra Harris 01530 416653**

Last month the group read and discussed "Lady's Maid" by Margaret Forster and next month will be reading "Ines of my soul" by Isabel Allende

### **Luncheon Group – Leaders Colin & Sharon Woodland 01530 413867**

10th January

The lunch club was back into its normal rhythm this month after the excitement of the Christmas lunch with a trip to the Beeches in Ashby. There was a goodly turnout including some new members. Some went for the carvery whilst others went a la carte. A few stayed on to have pudding. We all had a good meal and a good time.

We meet again at the White Hart in Ashby for the 14th of February, Valentines Day!

All U3A members are welcome to join us, just sign up at the Monthly meeting, email [luncheon@ashbyu3a.co.uk](mailto:luncheon@ashbyu3a.co.uk) or call 01530 513867 to book a place.

### **Music Appreciation – Leader David Oakley 01530 563409**

The music appreciation group took its usual January break as some members are off galivanting around the world.

We meet again on Wednesday 6th February, so you have plenty of time to sort out your music choices. The meeting will be hosted by Neil at 40 Willesley Gardens.

### **Quiz group - Leader Malcolm Bird 01530 563872**

The group meet at the Bull and Lion, Packington. The Start time is 2.30pm. You do not need to arrange a team before the meeting as teams will be drawn by lots on the day. This enables single individuals to take part - and to make new friends by joining an ad hoc team. Tea and coffee are served. Total cost £1.20 of which 20p goes to a kitty for prizes.

#### **16th January**

The January meeting was well attended despite the miserable weather and the absence overseas of 7 of our regular members. Players were not very familiar with old gangster films and there were many groans and poor scores when asked questions on the authors of some old but oft mentioned statements. The winning team and the runners-up were neck and neck throughout and the winning team got home by one point. A good time was had by all.

The questions for the February quiz will be set by Colin Ellis.

### **Recorder group - Leader Joan Gibson - recorder@ashbyu3a.co.uk**

The recorder group is a small but enthusiastic group. However more players in our group would definitely be a welcome addition.

#### **17th January**

Just two of us this morning, so we played duets. Bit obvious, really. Hopefully, Barbara will be well enough to play by the next meeting on 7th February. We played:

Nos. 1,2,3,8 and 9 from "Classic Duets for Treble and Tenor Recorders"  
Pp.5, 15, 18 & 19 from Handel's "Pieces and Dances"  
P.32 Gigue from "Duets for Recorders" by Davey.

Some of them were a bit tricky, with unfamiliar notes and accidentals.  
Fun, though.

Hope to be a larger group next time!

Joan

### **Supper Club – Contact Colin Ellis 01530 272592 - supper@ashbyu3a.co.uk**

This group visits local pubs and restaurants for an evening meal. We usually meet on the 4th Thursday of the month at 7 for 7.30 pm.

If you would like to join in us, please sign up at the monthly meeting or contact Colin, by phone or by email, so we can book the relevant number of seats. If you need transport please see Colin and we will try to arrange for some car-sharing.

#### **26th January – Burns Supper**

Although not strictly a supper club do, this Burns Supper was the idea of by Bill Wilson and as it fell two days after the supper club was due to meet, so we decided it was silly to try to do both.

Last Saturday 50 members took part in Ashby U3A's first ever Burns Night celebration (if a day late!). On arrival we were entertained by a piper in full regalia who gave us a selection of Scottish tunes, some more familiar than others to mere Sassenachs. Once seated, the haggis was duly piped in and paraded around the room by Bill Wilson, also in full regalia, led by the piper whilst we all clapped in time.

Bill then gave us the traditional "Address to a Haggis" - "Fair fa' your honest, sonsie face, Great chieftain o the puddin'-race!..." before cutting open the haggis from end to end. We all raised a glass (whisky, of course) to the toast - "The Haggis".

The haggis was then piped back to the kitchen for serving, whilst we tucked into the first course of Scotch Broth.

The haggis then returned, one to a table, along with neeps & tatties with chicken for the less brave diners. This was followed by the equally traditional dessert of Cranachan (raspberries, oats and cream).

After the plates were cleared away it was time for the entertainment and Bill sang us one of Rabbie's songs and a little later recited "To a mouse" - "Wee, sleekit, cow'rin, tim'rous beastie,..." whilst our Chairman, Tony, gave us a dead-pan translation into English after each verse.

We finished with "Auld Lang Syne" after being reminded that one only links hands for the last verse. A great time was had by all and we wandered off into the night suitably replete to find our transport home.

Thank you Bill for organising the first, and hopefully not last, Ashby U3A Burns Supper.

### **Trips Group – Contact John or Margaret Howlett 01530 461774**

#### **“Blood Brothers” and “The Magic Flute” at Theatre Royal Nottingham**

John and Margaret have taken bookings for two outings to the Theatre Royal Nottingham to see “Blood Brothers” on February 12th and “The Magic Flute” on March 19th. Both events are now sold out. Those who have booked will be receiving their tickets and travel details shortly.

### **WALKS**

The walk leaders will be at the meeting place whatever the weather and will only cancel the walk in consultation with those who turn up on the day. All dogs must be kept under control at all times. Walking boots or strong shoes are recommended. Be prepared for bad weather by taking warm waterproof clothing. Leaders act in a voluntary capacity. All ramblers walk at their own risk.

#### **Walking Group - Leader Bob Baxendale 01530 481435**

The walking group usually does walks of between 7-8 miles, twice a month, and we normally have a lunch stop at a pub near to, or at the end of, the walk.

#### **15th January – Ashby, Heath End and Smisby led by Tony Smith**

A record large group of 28 members (including 6 new ones) all met at the group leader's home in Featherbed Lane Ashby on a clear and sunny morning to pick up the Ivanhoe Way out of Ashby towards Staunton. The path runs behind the biscuit factory and under the Ashby bypass towards Old Parks Farm and then runs to the North of Alistairs Wood. We stopped for a coffee break just short of Heath End and then we entered South Wood going uphill towards the open fields. The path then took us via Wickets Nook Cottage and Pistern Hill farm before we crossed the main road and had lunch at the Smisby Arms. The group returned to Ashby via various paths running parallel with Smisby Rd and Nottingham Rd. We walked about 8 miles total.

### **Medium walks – Leader Carole Harriman 01530 222634**

The Medium Walk group do walks of up to 6 miles. Anyone interested please contact Carole.

#### **14th January – Bradgate and Swithland led by Alison Thompson**

14 of us started out from Newtown Linford for our 1st walk of 2019. The day started cloudy and dry but did brighten up as the morning progressed.

We walked through Bradgate Park from the Newtown Linford Car Park to the Hallgates Car Park - seeing en route: a river, a reservoir, magnificent old oaks as well as the ruins of Bradgate House, one of the 1st modern stately homes to be built in England around the year 1500. One guide book calls the ruins romantic but we didn't see any evidence of romance on our visit - oh well perhaps on another day!!

On leaving the park we entered Swithland Wood and successfully negotiated our way through even though there were many tracks which could have led us stray. We made our way back to the Park and this leg of the walk was more uphill but we were rewarded with stunning views from the top of the hill beside Old John, then on to the War Memorial and downhill all the way back to Newtown Linford. Thank you Charles Bennion for giving the County such a wonderful place to visit.

Suitably tired, we enjoyed our delayed 'Christmas Lunch' at The Bradgate - although there wasn't a turkey in sight.

Total distance 5.4 miles

### **Short walks Group – Leader John Howlett 01530 461774**

The short walk group organises walks using well defined paths and routes without stiles. The maximum length is 3 miles. All are welcome.

#### **18th January – Walk around Ashby and back to Winchester Way for teas and cake**

6 met at Winchester Way and set off down the Jitty, across the Smisby Road and into the new estate where the Soap Factory once was. Over the stream into Hood Park. We took photos on the skateboard rink and walked away from town out along the footpath around the old dairy site and into the new estate. This is very attractive with its playground, ponds and footpaths. Back on the Smisby road we walked as far as the corner shop and back into the housing estate and back to Winchester way for a drink and cake. Just under 2.5 miles.

### **Your Committee**

Tony Smith	Chairman	chairman@ashbyu3a.co.uk	01530 831822
Colin Ellis	Treasurer	treasurer@ashbyu3a.co.uk	01530 272592
Anne Donegan	Business Secretary	secretary@ashbyu3a.co.uk	01283 760348
Iain Banns	Membership Secretary	members@ashbyu3a.co.uk	01530 416697
Peter Clement	Minutes Secretary	minutes@ashbyu3a.co.uk	01530 560894
Sheila Dean	Welfare	welfare@ashbyu3a.co.uk	01283 295997
Isobel Salt	Speaker seeker	speakers@ashbyu3a.co.uk	01283 222869
Mike Stow	Communications	comms@ashbyu3a.co.uk	01530 469152
Colin Woodland	Groups Coordinator	interestg@ashbyu3a.co.uk	01530 413867
Val Reed	Member	val@ashbyu3a.co.uk	01530 564279
Avril Wilson	Member	avril@ashbyu3a.co.uk	01530 413182
Bill Wilson	Member	bill@ashbyu3a.co.uk	01530 413182