



Christmas lunch 2018

A reminder that our Christmas lunch will be at Willesley Park Golf Club on Thursday 6th Dec at 12.30 for 1pm. Places are only available at this time for those who have already paid. If you cannot remember whether you have paid, please contact Anne on 01283 760348

Interest Groups Timetable for December

Date	Time	Group	Venue or Meeting point
Tue 4th	9:45 for 10:00 start	Walking	The Bulls Head, Wilson. DE73 8AE
Tue 4th	1:30 pm	Literature	28 Willesley Gardens
Wed 5th	10:00 am	Music Appreciation	Sallie's at Woodside Cottage, 61, Melbourne Road, Newbold. LE67 8JH
Wed 5th	2:00 pm	Computer	16 Winchester Way
Thu 6th	-o0o-	Digital Photography	We will not be meeting in December
Thu 6th	10:00 am	Recorder	Joan's house
Thu 6th	12.30 for 1 pm	Lunch	Willessley Park Golf Club for Christmas Lunch.
Mon 10th	9.45 for 10 am start	Medium Walks	Park at top of Diseworth Rd, Castle Donington, DE74 2PS
Tue 11th	10:00 am	Calligraphy	Gill's To create your own choice of Christmas theme
Wed 12th	11 am	Industrial Heritage	Beeches pub, Ashby for 2019 planning meeting
Wed 12th	2:00 pm	Family History	2 Marlborough Way
Fri 14th	10:00 am	Short Walks	Meet at Hicks Lodge NB Second Friday
Tue 18th	9:45 for 10:00 start	Walking	Featherbed Lane, Ashby
Wed 19th	10:00 am	Drawing and painting	TBA Visit to Art Gallery and Christmas meal Guest and/or spouse are welcome to join us
Wed 19th	2:30 pm	Quiz	Bull and Lion, Packington
Thu 20th	10:00 am	Recorder	Joan's house
Thu 20th	2:00 pm	Gardening	Packington Hall Secret Santa. All members attending are asked to bring an item of food to share and a wrapped gift to the value of £5
Thu 27th	-o0o-	Supper Club	The supper club will not be meeting in December

Early January

Date	Time	Group	Venue or Meeting point
Thu 3rd	10:00 am	Digital Photography	16 Winchester Way
Tue 8th	TBA	Calligraphy	Our New Year Meal
Tue 8th	1:30 pm	Literature	28 Willesley Gardens
Thu 10th	12 for 12.30 pm	Lunch	Beeches, Ashby

*For trips, outings, walks and other events which meet away from the usual venues, see further details in the relevant Group Reports below, or on our website www.ashbyu3a.co.uk

Tea Rota etc. for the monthly meetings

Month	Tea and Coffee Rota	Meeters and Greeters	Reporting Groups
Dec	The Committee	The Committee	No groups reporting
Jan	Wendy Somers, Judith Wardell, Jill Carr, Jane Harris	TBA	TBA

MONTHLY MEETING

The November meeting started with a brief Special General Meeting to ask the members to approve some changes to our constitution to bring us in line with the U3A Trust and Charity Commission's recommendations. The motion was passed unanimously. The new constitution, along with all our recent Policies on Equality, Safeguarding, Accessibility etc., is now available on the website.

27th November - Roger Hailwood - "The National Memorial Arboretum"

This month's general meeting was a very informative talk from Roger Hailwood who is a volunteer guide and countrywide tour speaker for the National Memorial Arboretum. He started with the history of how the Arboretum came about and then spoke about some of the memorials there.

It all started as an idea by David Childs in 1998 when he visited the Arlington National Memorial cemetery in Washington USA. He thought it would be good to have a national focus for remembrance in the UK for conflicts since the second world war. Having spoken to Leonard Cheshire about his idea to have a year round centre of remembrance, to be spiritually uplifting, to honour the fallen, recognise suffering & sacrifice and take pride in our country, money was needed, so an appeal was started in 1994 by the then PM John Major.

It was decided that to be accessible to everyone it needed to be in the centre of the country. An old refilled gravel pit was offered on a 999 year lease at £1 per year, the money was raised partly by the Lottery fund, with the rest coming from military, civil and public donations. However, the site's 150 acres still needed landscaping and planting with 44,000 trees of a various types. The National Memorial Arboretum started as a private charity, but on opening in May 2001 it was handed over to the British Legion and from the very start it has attracted large numbers of visitors.

To begin with the Arboretum built a chapel on site with some office buildings, but over the years as visitor numbers grew to over a quarter of a million, these were not adequate and fundraising began again to fund a new extension of offices, a museum, shop, restaurant and public areas. They also decided to upgrade from 3 linked marquees to a large permanent event building for conferences etc. This was all opened in 2017 by Prince William.

The chapel was built to represent a Greek temple with 12 pillars. Inside, the wooden altar was made by inmates at Swinfen Hall Prison with the inscription "I was in prison and you visited me ". The altar cloth has a tree design with different shapes and colours of leaves representing the types of trees planted in the Arboretum and the changing seasons. Every day at 11am a service of remembrance is held there whether anyone is there or not. A light is directed onto the altar at the angle of the sun's rays on the 11th November.

There are over 350 major memorials in the Arboretum, not all of them to the armed forces. There are also memorials to the Police, Fire Brigade, nurses, miners and others who have died serving this country and Roger spoke of just a few of them.

One was the Polar Bear memorial for the 49th infantry West Riding division. In the 2nd world war, they were stationed in Iceland and we're snowed in. Their commanding officer called his men "his

Polar bears". Soon an image of a polar bear on a block of ice was adopted as their mascot and on their uniform shoulder flash. The memorial has 2 poems inscribed on the sides, written by a 9 year old girl.

The Horse Chestnut avenue is to honour the Police. Truncheons were historically made from horse chestnut wood. Each constabulary in the country has a plaque beneath a chestnut tree. Fruit trees were planted to commemorate the Logistics Corps, who being made up of a variety of trades, chose the Catering Corp to represent them. The trees planted in different parts of the site have all been carefully chosen to symbolically represent the people being remembered.

Staffordshire Girl Guides planted a golden ring of daffodils. Within the centre of the ring is the Polish memorial, on the walls of which is a written explanation of the Polish involvement in the war, The central sculpture of 4 men and 1 woman is placed there to remind us of the various armed forces and of the freedom fighters left behind in Poland.

The Royal Medical Corp memorial commemorates the fact that this group of people have won more VCs than any other division of the armed forces.

The Shot at Dawn memorial was designed by a university student for his finals, He made a 2 ft 6 inch statue, which the Arboretum were so impressed with, that they asked him to produce a full sized model. Arranged around the statue is a stake for every person killed this way and the statue is placed so that the first rays of dawn strike it.

There are a number of events held here during the year, one is the "Ride to the Wall", now in its tenth year, where Harley Davison motorcycle groups meet at the National Memorial Arboretum. They thought there would be about 40 attending for the first year but it evolved into 10 times that number with 400 riders turning up. In 2016 they had a massive 11,000 bikers bringing with them a military band of Gurkhas, a padre, a piper and bugler and skydivers to wow the crowd. Why do they do it? The Hell's Angels motorcycle groups in the United States ride to Washington DC to honour the Vietnam war dead. A lot of British bikers are ex-military and felt they wanted to honour our UK war casualties.

In the centre, atop a small mound, is the Armed Forces Memorial. A 43 meter diameter wall contains the names of the more than 16,000 men and women who have died in the service of this country since the end of WWII.

The Arboretum is open to the public year round, free of charge. You can walk all round the site and they also have buggies and mobility scooters for those less able to walk plus a land-train tour with commentary. A lovely place to visit at all times of the year.

Next Monthly Meeting on Tue 11th December at 2 pm

We will be entertained by the Leaside Singers following which the Committee will be serving tea, coffee, mince pies and other seasonal fare.

GROUP REPORTS

Arts and Crafts

Due to dwindling numbers, the group held their final meeting on the 29th November. The group has now closed.

Bird Watching

This group has also had to close as James does not have the time to organise it and no-one else can be found to lead it.

Bridge – Leader Neil Roberts 01530 455957

This is Bridge for players of all levels playing friendly Contract Bridge with some chatter. Several of our number are "beginners" or "returners" and we have experienced players who are happy to help others improve their game. We now have about 20 active players.

The group has 2 venues. They meet at the Hood Park Leisure Centre in the 1st floor function room for afternoon sessions and at Ivanhoe Social Club in the front lounge for the evening sessions. Free car parking is available at both venues, but must be signed in at Hood Park.

If you would like to know more, contact Neil on 01530 455957 or Pat Ford on 01827 830672

Calligraphy – Leader Jenny Slawson 01283 229718

November 13th

Seven members of our group met on Tuesday. We had a good meeting practising writing Cinquain poems using our own choice of fonts and a range of writing tools and paper.

Date of next meeting 11 December at Gill's home.

Canasta

This is our third group to close due this month. Again dwindling numbers have made it impractical to run.

Computers – Leader John Howlett 01530 461774

We meet twice monthly to try to solve anyone's computer problems and to better learn how to use them whether they are PCs, Macs, iPads or Android Tablets. All are welcome. No experience necessary. If you have a computer problem, come along and we'll see if we can fix it.

November 19th

A good turnout of seven with 3 having a problem to solve today.

One person wanted guidance loading photos from her camera memory card onto her lap top.

Another had worries about hackers accessing their email account.

A third had a similar problem with malware.

The moving of photos was simply solved with a bit of training in the use of file explorer previously called windows explorer. Why does Microsoft keep changing the names of things?

The hacking of email accounts could be caused by using the same password as your email account when visiting other sites, and can be usually solved by changing the password.

The malware problems are endemic on the internet and can be avoided by being wary of unusual emails and avoid dodgy web sites.

Unusually we broke up early at 3.45 when everyone made their excuses and left..

Digital Photography – Leader John Howlett 01530 461774

We meet to try to understand how to get the best out of our digital cameras whether they are simple compact cameras or full-blooded DSLRs and how to edit or modify the pictures afterwards. We try to get out and practice every other month. We do not as yet enter competitions.

November 1st

We reviewed the photos taken by the 3 members on last month's trip to Thornton Reservoir. Despite the grey skies, there were some good photos.

Drawing and Painting – Contact Chris Dogherty 01530 411148

November 21st

The November meeting was dedicated to marking the 100 year anniversary of the 1918 armistice, painting and drawing pictures of poppies, soldiers, and Red Cross transport.

We aim to celebrate the December meeting with a Christmas visit to a local art gallery followed by seasonal refreshment!!! Guests and / or spouses are very welcome to join us

Family History – Leader John Dogherty 01530 411148

November 14th

We were five today, including the Leader. John H and Audrey beavered away at their work; John in particular has a report of his Irish ancestry ready for discussion.

Keith is new to us, but not to Ashby, but is only just retired. Welcome Keith!

He already has a substantial amount printed out by a relative with other trees, and wants to start setting up his own. We discussed overall strategy, and the need to establish a folder series on his laptop. We looked at possibly downloading a .GED file from his relative for uploading to software of his own, and will pursue progress on all of this as it develops.

Ana had a specific question on the use of .GED files: specifically that they cannot be opened without first having a software tree programme already on the computer. A good, lively, session.

Gardening - Leader Paul Dean 01283 295987

The Gardening Group is one of the largest interest groups. The committee try hard to provide a selection of activities suitable for all, including talks on various topics, trips out to well-known gardens and social events where plants are swapped and garden problems are solved! There is always food and drink at the end of each meeting and occasionally prizes to be won! Please come along and meet us and give the gardening club a try.

November 15th

Gerald Ingram, the owner of Planters Garden Centre, gave a talk at Packington Hall on “New Year’s Resolutions”

History – Leader Jane Harris 01530 838025

November 22nd “William Coltman VC” by Tim Coltman

Unfortunately there were only 25 in attendance today because of a conflicting event.

William Harold Coltman 17/11/1891-19/6/1974: VC, Military Medal (2), Distinguished Service medal (2), and the full set of War and Victory medals.

This account of the life and achievements of William was presented by his great grandson, Tim. William was a devout Christian who was anti-war, but wanted to help in the Great war, so became a stretcher bearer. Without any prior medical training and with only the most primitive of first aid kits, he was called upon to treat some of the most horrific injuries. Previously a gardener, he became one of the most decorated NCO's in the British Army.

Tim's account of William's bravery and dedication under fire was jaw-dropping. He repeatedly went out under heavy fire to retrieve wounded men, and on one occasion when the order was to stay put in the trenches he went out three times under heavy cross fire to retrieve three men. This is the action that earned him the VC. He was mentioned in Dispatches twice, and frequently went out under fire to collect the dog-tags of the dead so that their families could get compensation.

Tim recounted some of the horrors of that War, and how awful sanitary and health conditions in the trenches were. Cholera, Lice, Trench-foot, Rats and Mud were part of daily life. The death toll was horrendous, with 57,000 men dead on the first day of the Battle of the Somme, and a total of nearly 900,000 British losses alone in the conflict. Very few places in the UK were spared, although some did come through with all their boys returning. These were called 'Thankful villages'

One of the stories told was of how he refused to stand to attention when his CO, a Lieutenant Colonel, arrived in the trench, because he was attending a wounded man. This would normally have been a court martial offence, but the Officer encouraged him and later visited him.

He was never wounded, and only gassed slightly once, something that some may put down to the hand of God.

After the war he went straight back to gardening, and put his medals in a drawer. He could not however escape invitations to Buckingham Palace and so he took members of his family along. King George V personally paid tribute to him. He was given a full military funeral and a tree has been planted in the National Memorial Arboretum with his name on.

His medals were donated to the Regiment by his family but are now in a bank vault for insurance purposes.

Industrial Heritage – Leader Mike Stow 01530 469152

November 28th – Museum of Timekeeping

The trip to the British Horological Institute's Museum of Timekeeping at Upton Hall near Southwell proved to be one of our most popular venues with 27 members coming along. We were met by one of our guides for the day, Dawn Barnes, who ushered us into the ballroom of the Hall where we were introduced to Viscount Alan Middleton, President of the BHI and former watch expert on the BBC's Antiques Roadshow, who gave us a talk on the history of British watch & clock making and of the BHI.

The first mechanical clocks were made in the 13th century by or for the church. They were not very accurate but they told people when to attend church services.

It was as early as the 17th century when clocks were accurate enough for people to realise that the world and the universe were not as regular as we thought. The sun did not go round the Earth exactly 24 hrs every day. It varied. Therefore Mean Time was proposed. This is the average length of day measured over many years. A solar day can vary by as much as 15 minutes throughout the year. Clocks, not the sun, now determined the passage of time.

Incidentally a clock is technically a timepiece which sounds the time. (The word clock derives from the medieval Latin 'clocca' meaning bell.)

The BHI was formed in 1858 to promote British horology. The British were world leaders in clock and watch manufacture until WWI when the makers all went over to war work. In the meantime, the USA forged ahead with cheap mass-produced watches. During WWII the Swiss did likewise, leaving us with no market for our watches. The industry has been a specialised trade ever since making mostly high-end handmade watches.

Dawn then told us about the development of the GPO's speaking clock. For a small fee one could phone a number and hear the exact time and therefore set your watch or clock. The first speaking clock went into service in the UK in 1936 and four different machines and 5 different voices have been used up until the present day. The museum has the first 3 machines on display and were heard both the 1st and 2nd machines play. The 2nd has the familiar voice of Pat Simmons whose voice was used from 1963 to 1985.

Alan then showed us the watch actually used by Capt. Scott on his ill-fated expedition to the South Pole. It was a cheap alarm pocket watch as seen in a photograph of Scott in Antarctica. Although not suitable for accurate timekeeping, its alarm was used to wake the team every two hours so that they would move about, eat something warm and not get frostbite.

Dawn told us the story of the Longitude Prize and John Harrison 1693-1776 the inventor of the first truly accurate marine chronometer which could be taken aboard ships to enable them to calculate their longitudinal position. His final clock H4 was accurate to just 5 secs after 81 days at sea on arrival in Jamaica. Despite repeated successful clock trials and the intervention of the King, Harrison never received the full prize money.

We then had time to wander round the museum to marvel at the hundreds of timepieces (which Alan personally winds every week on Tuesday at 11am) and to wonder at the ingenuity of the clockmakers.

Afterwards we lunched at the Saracen's Head in Southwell which was where King Charles I spent his last night of freedom before being handed over to the Parliamentarians and his subsequent beheading.

Yet again an excellent visit and even those not particularly interested in clocks said how much they enjoyed the day.

Italian Group – Leader Lynda Hall 01530 415922

November 26th

The group met as usual this month to continue practising their vocal skills.

Literature Group - Leader Sandra Harris 01530 416653

Last month the group read and discussed "The Father" by Anton Svensson and next month will be reading "The Keeper of Things" by Ruth Hogan

Luncheon Group – Leaders Colin & Sharon Woodland 01530 413867

November 11th – The Wolferstan Arms, Shuttington

The Luncheon Club met at the Wolferstan Arms, where they were offering all meals two for the price of one! As usual everyone enjoyed the food, drink and company.

December 6th will be the Christmas lunch at Willesley Golf Club 12.30 for 1pm. This is already sold out. If you can't remember whether you have paid, contact Anne on 01283 760348

All U3A members are welcome to join us, just sign up at the Monthly meeting, email luncheon@ashbyu3a.co.uk or call 01530 513867 to book a place.

Music Appreciation – Leader David Oakley 01530 563409

November 7th

For the first time since our formation, this November meeting was an evening soiree, kindly hosted by Ann. With two members partners attending we were 12 in number, our largest assembly so far.

As one would expect a dozen people generated a wide range of music. Nev had Fleetwood Mac and Alan Price, Brenda chose Gershwin's, 'Rhapsody in Blue' and Ray Charles. Lesley followed this with two Queen tracks and Sallie, with a nod to the 1st World War anniversary chose 'Jupiter' from the Planets, and Suppe's 'Light Cavalry Overture'.

Mike gave us Paul Wellers 'Gravity' and Chris Rea's 'Girl in the Sports Car'. Neil took the opportunity to play the lengthy Arlo Guthrie track 'Alice's Restaurant'. Dave had gone for Jon and Vangelis tracks, 'State of Independence' and 'I'll find my own way home'.

Lesley, obviously a big fan, chose Alfie Boe singing 'Maria' followed by Michael Bubl  's 'Crazy Love'. Paul was next and had chosen another Michael Bubl   track, 'I wanna go home' with his second choice of Neil Sedaka singing the slow version of 'Breaking up is hard to do'.

Trish took us in another direction with Mozart's 'Marriage of Figaro' overture and Pavarotti's 'Nessun Dorma'. Ann then staying in a classical mood had decided on two tracks from the TV series 'The Choir', with its Overture and a rendition of 'Zadok the priest'. David finished the evening with 'Oklahoma' from the National Theatre production.

A big thanks you to everyone who contributed to our evening refreshments, and our three hours went very quickly. A promise was made to repeat the evening meeting again this time next year.

Our next meeting is on Wednesday 5th December at the usual time of 10 am and Sallie has kindly offered to host at 61, Melbourne Road, Newbold. LE67 8JH.

As usual there will be no January meeting but Neil has kindly offered to host in February.

Quiz group - Leader Malcolm Bird 01530 563872

The group meet at the Bull and Lion, Packington. The Start time is 2.30pm. You do not need to arrange a team before the meeting as teams will be drawn by lots on the day. This enables single individuals to take part - and to make new friends by joining an ad hoc team. Tea and coffee are served. Total cost  1.20 of which 20p goes to a kitty for prizes.

November 21st

The November quiz was attended by 21 players plus the question master so it was a good turnout for a cold and windy day. A good time was had by all and some experimental questions - based on the BBC's "Only Connect" - were well received.

The Bull and Lion has now been booked for the third Wednesday of each month for the whole of 2019.

Recorder group - Leader Joan Gibson - recorder@ashbyu3a.co.uk

The recorder group is a small but enthusiastic group. However more players in our group would definitely be a welcome addition.

Supper Club – Contact Colin Ellis 01530 272592 - supper@ashbyu3a.co.uk

This group visits local pubs and restaurants for an evening meal. We usually meet on the 4th Thursday of the month at 7 for 7.30 pm.

If you would like to join in us, please sign up at the monthly meeting or contact Colin, by phone or by email, so we can book the relevant number of seats. If you need transport please see Colin and we will try to arrange for some car-sharing.

Thursday 22nd November. Smisby Arms

The Smisby Arms welcomed 14 members of the Supper Club for November. We were all seated on one long table allowing plenty of conversation. When the starters arrived, some people thought they must be main courses because of the size! Then they saw the real main courses! However that didn't deter seasoned Supper Club members and (almost) everything was eaten and enjoyed. A few heroic gourmands even managed a pudding.

We will not be meeting in December as it would fall on the day after Boxing Day and in January the Burns Night Supper is only two days after our usual date, so we shall join the Burns revellers at the Golf Club. Tickets for that are available from Bill Wilson at the Dec 11th monthly meeting.  27 including wine.

Trips Group – Contact John or Margaret Howlett 01530 461774

“Blood Brothers” and “The Magic Flute” at Theatre Royal Nottingham

John and Margaret are now taking bookings for two outings to the Theatre Royal Nottingham to see “Blood Brothers” on February 12th and “The Magic Flute” on March 19th. See the website for more details or contact Margaret on the number above if you are interested to go. Payment will be needed by the December monthly meeting at the latest.

WALKS

The walk leaders will be at the meeting place whatever the weather and will only cancel the walk in consultation with those who turn up on the day. All dogs must be kept under control at all times. Walking boots or strong shoes are recommended. Be prepared for bad weather by taking warm waterproof clothing. Leaders act in a voluntary capacity. All ramblers walk at their own risk.

Walking Group - Leader Bob Baxendale 01530 481435

The walking group usually does walks of between 7-8 miles, twice a month, and we normally have a lunch stop at a pub near to, or at the end of, the walk.

20th November. Barton Under Needwood and the Dunstall Estate led by Paul McKay

Nineteen walkers set off from the Shoulder of Mutton pub in Barton under Needwood on a cool and overcast morning for a 7 mile walk through the Dunstall Estate. The route went north past the John Taylor school and then onto a footpath over sheep-grazing land and woodland to a minor road near the small hamlet of Dunstall.

Another short road section led us alongside the deer park of Dunstall Hall, a 17 century country house, where we could see a small herd of deer in the distance. The area has gentle rolling countryside and is in the ancient Forest of Needwood. Once in the hamlet, we enjoyed views of Dunstall Hall from the gates and could appreciate the setting that once made it a popular wedding venue. We then past the impressive St. Marys church and then turned down a lane leading to two picturesque renovated cottages.

After our coffee-stop we ascended a field with a distant view of Rangemore Hall to the left. From here the return leg was mostly downhill via Dunstall church and then and through a small wood onto the flat pasture land. A rain shower hastened our return to the pub in good time for a well-earned meal and drink.

Medium walks – Leader Carole Harriman 01530 222634

The Medium Walk group do walks of up to 6 miles. Anyone interested please contact Carole.

12th November. Zouch and the River Soar led by Trev and Val Reed

On a bright sunny autumnal day 15 of us (a record for the group) started from the carpark near to the river bridge at Zouch. The walk started across fields and via lanes towards Loughborough, finally reaching the edge of Dishley pond then turning back towards the river Soar where we stopped for our coffee break. The walk continued along the river bank passing the chain ferry at Normanton on Soar and admiring the riverside houses on the banks of the river, On reaching the weirs at Zouch we crossed over the road using the road bridge and followed the canal for a short distance before returning to the carpark by way of the footbridge over the canal. Total distance around 4.3 miles.

Short walks Group – Leader John Howlett 01530 461774

The short walk group organises walks using well defined paths and routes without stiles. The maximum length is 3 miles. All are welcome.

16th November. Conkers to near Donisthorpe led by John Howlett

8 walkers met at Conkers, Waterside Centre, on an overcast but mild day. We set off towards Conkers main entrance but turned left across the Conkers railway and up to the Ashby Wolds Way where we found a new display board describing the old railway. We set off towards Measham and after entering Donisthorpe Woods we crossed the stream and shortly after turned left to the canal. Again we turned left and followed the canal to Moira Furnace where we stopped for cake and drinks. After the break we continued by the canal to the Waterside Centre. The walk was just over 3 miles.

Your Committee

Tony Smith	Chairman	chairman@ashbyu3a.co.uk	01530 831822
Colin Ellis	Treasurer	treasurer@ashbyu3a.co.uk	01530 272592
Anne Donegan	Business Secretary	secretary@ashbyu3a.co.uk	01283 760348
Iain Banns	Membership Secretary	members@ashbyu3a.co.uk	01530 416697
Peter Clement	Minutes Secretary	minutes@ashbyu3a.co.uk	01530 560894
Sheila Dean	Welfare	welfare@ashbyu3a.co.uk	01283 295997
Isobel Salt	Speaker seeker	speakers@ashbyu3a.co.uk	01283 222869
Mike Stow	Communications	comms@ashbyu3a.co.uk	01530 469152
Colin Woodland	Groups Coordinator	interestg@ashbyu3a.co.uk	01530 413867
Val Reed	Member	val@ashbyu3a.co.uk	01530 564279
Avril Wilson	Member	avril@ashbyu3a.co.uk	01530 413182
Bill Wilson	Member	bill@ashbyu3a.co.uk	01530 413182