



Interest Groups Timetable for June

Date	Time	Group	Venue or Meeting point
Mon 4th	7-9 pm	Bridge	Ivanhoe Social Club
Tue 5th	9:45 for 10 am start	Walking	Foxtan Locks Inn, Bottom Lock, Gumley Road, Foxtan. LE16 7RA
Wed 6th	10:00 am	Music Appreciation	75 Leicester Road, Measham, DE12 7JG
Wed 6th	2:00 pm	Computer	16 Winchester Way
Thu 7th	10:00 am	Recorder	TBA
Thu 7th	10:00 am	Digital Photography	Meet at Ticknall village car park Photo shoot around the lime kilns area
Mon 11th	9.45 for 10 am start	Medium Walks	Beacon Hill Lower Car Park, Breakback Road LE12 8TA. Car park <3hrs £3, >3 hrs £4. Pay on exit.
Mon 11th	2-4 pm	Bridge	Hood Park Leisure Centre
Tue 12th	10:00 am	Calligraphy	Diane's For a short planning meeting then finish verse
Tue 12th	1:30 pm	Literature	28 Willesley Gardens
Wed 13th	10:00 am	Italian	Lynda's house
Wed 13th	2:00 pm	Family History	2 Marlborough Way
Thu 14th	12 for 12.30 pm	Lunch	Gelsmoor Inn, Griffydham
Fri 15th	10:00 am	Short Walks	Staunton Harold meet at lower car park
Mon 18th	2:00 pm	Computer	16 Winchester Way
Mon 18th	7-9 pm	Bridge	Ivanhoe Social Club
Tue 19th	9:45 for 10 am	Walking	Peak District
Wed 20th	10:00 am	Drawing and painting	Meet outside W.H.Smith Ashby To walk the Outside Gallery (If wet at 2 MW)
Wed 20th	2:30 pm	Quiz	Bull and Lion, Packington
Wed 20th	7 for 7.30 pm	Supper Club	Dinner on the Great Central Railway. NOTE The train DEPARTS Loughborough at 7.30 pm promptly. This has now sold out
Thu 21st	10:00 am	Recorder	TBA
Thu 21st	2:00 pm	Gardening	Wagstaff's garden, Measham 24 Wordsworth Way, Measham, DE12 7ER. Self-drive visit to the garden of Graham Wagstaff, garden judge, lecturer and showperson
Mon 25th	2-4 pm	Bridge	Hood Park Leisure Centre
Wed 27th		Industrial Heritage	National Museum of Computing near Bletchley Park
Thu 28th	2:00 pm	History	Packington Hall. Malcolm Bird - 'Aspects of slavery from the Old Testament to the modern day'
Thu 28th	2:00 pm	Arts & Crafts	Shirley's house

Early July

Date	Time	Group	Venue or Meeting point
Tue 3rd	9:15 for 9.30 am start	Walking	The Harrington Arms at Thulston DE72 3EY Note early start time.
Wed 4th	10:00 am	Music Appreciation	TBA
Thu 5th	10:00 am	Recorder	TBA
Thu 5th	10:00 am	Digital Photography	16 Winchester Way

*For trips, outings, walks and other events which meet away from the usual venues, see further details in the relevant Group Reports below, or on our website www.ashbyu3a.co.uk

MONTHLY MEETING

May 22nd - Fool's Gold

Steve and Carol Robson are Fool's Gold, an acoustic folk duo who don't just sing and play folk music but tell the stories behind the songs, often in a humorous way and accompanied by an audio visual display.

Steve opened their set with an account of his grandfather's life working as a coal miner in the North East of England. Steve's grandfather was a 'coal hewer' which involved hacking away at the coal face with only a pick whilst lying on his side in a tunnel only a few feet high. Steve and Carol then sang a song about the miners' lives which they followed with a song about the fishing heritage of the North East from days gone by.

We then learned about the history of Romeo and Juliet through a song written by Steve who explained that friends of Shakespeare were being prevented from marrying by Queen Elizabeth. The Bard apparently took an old story and rewrote it for them to show others of their plight. They did eventually marry in secret and were locked in the Tower together but after they had a child, were released. The daughter went on to marry the Baron Spencer and their descendant was Diana, Princess of Wales! So our future King William is descended from the real Romeo & Juliet. Probably.

On a more humble note, we also learnt of the fate of poor Molly Malone. We were regaled for over an hour with more stories and superb singing by both Steve and Carol with Steve on guitar and Carol on flute, recorder or bass guitar. The set ended with a rendition of Lead Belly's song 'Goodnight Irene' the chorus of which was sung by all of us in the audience.

A truly interesting and very enjoyable afternoon was had by all.

Next Monthly Meeting on Tue 26th June at 2 pm:

Julie Ede is due to talk about more Royal matters - Edward & Mrs Simpson

Tea Rota etc. for the monthly meetings

Month	Tea and Coffee Rota	Meeters and Greeters	Reporting Groups
May	Margaret Baxendale + team	Val & Trevor Reed	Lunch & Medium Walks
June	Anne Donegan, Maureen Broad, Lesley Thomas	Dorothy Chapman	Music Appreciation & Quiz
July	Pat and Terry Bithell, Julia Fraser and Henry Sharples	Carol Land & Mary Wilson	Recorder & Short Walks

GROUP REPORTS

Arts and Crafts – Leader Shirley Bunting 01530 415755

Our next meeting will be on the last Thursday in June (28th) when we shall be discussing our ongoing plans and having our first painting lesson.

Bird Watching - birdwatch@ashbyu3a.co.uk

The group are looking for a new leader. If you would like to help please contact our Group Co-ordinator James Bloor on interestg@ashbyu3a.co.uk

The group have not been out this month and the date for their next trip has yet to be decided.

Bridge – Leader Neil Roberts 01530 455957

This is Bridge for players of all levels playing friendly Contract Bridge with some chatter. Several of our number are "beginners" or "returners" and we have experienced players who are happy to help others improve their game. We now have about 20 active players.

The group has 2 venues. They meet at the Hood Park Leisure Centre in the 1st floor function room for afternoon sessions and at Ivanhoe Social Club in the front lounge for the evening sessions. Free car parking is available at both venues, but must be signed in at Hood Park.

If you would like to know more contact Neil on 01530 455957 or Pat Ford on 01827 830672

Calligraphy – Leader Jenny Slawson 01283 229718

May 8th

Seven members of the Calligraphy Group met on May 8th at Jenny's house. We continued to work on the chosen theme of "writing a hymn in Gothic font and with an illuminated capital letter."

The next meeting on June 12th is at Diane's house and will comprise a short planning meeting for the autumn/winter sessions.

One of our future projects is to write in the font and style of our own choice a traditional Japanese haiku. This is three-line poem with seventeen syllables.

Canasta – Leaders Tom & Gillian Massey 01283 212380

Tom and Gill's canasta group will be taking a break for the summer due to Tom having other pressing duties. Meetings will resume sometime around September, notice will be given in the newsletter and on the website.

Meetings are normally on the 2nd and 4th Thursday mornings each month at 10 am to 12 so if you are interested in joining them when they restart, contact them on the above number or email canasta@ashbyu3a.co.uk

Computers – Leader John Howlett 01530 461774

We meet twice monthly to try to solve anyone's computer problems and to better learn how to use them whether they are PCs, Macs, iPads or Android Tablets. All are welcome. No experience necessary.

May 21st

We were seven today eventually. John H helped Pete to back up his memory stick and we tested the mechanism for sending music files as attachments by email.

Mike helped Bruce to sort out his lap top which was running very slowly. It was also a long way behind on both Windows and antivirus updates. This wasn't completed on the day but Bruce reports that the PC eventually completed its updates at home and is now running normally.

Digital Photography – Leader John Howlett 01530 461774

We meet to try to understand how to get the best out of our digital cameras whether they are simple compact cameras or full-blooded DSLRs and how to edit or modify the pictures afterwards. We try to get out and practice every other month. We do not as yet enter competitions.

May 3rd

Three of us presented photos taken in October at the Pot kiln Cafe, and in April at Bradgate Park. The Bradgate photos showed plenty of deer, gnarled old trees and interesting light effects from bright sunshine and reflections.

There was a discussion on the use of ND4 filters in bright sunshine to stop down the lens so that long exposures can be taken to, for instance, smooth out water. At a lower level of skill, we looked at the way wide angle lenses can find close up focussing difficult. For this work you should switch to macro mode if you have a choice.

As Steve did not go to Bradgate, he showed his photos of a visit to Donington Park. Racing that day were touring cars and single seaters.

We will next go to Ticknall to the Lime Kilns near the tramway bridge for another photo shoot.

Drawing and Painting – Contact Chris Dogherty 01530 411148

May 16th

This month in anticipation of the Ashby Arts Festival outdoor gallery, the theme was "Transport through the Ages". See the gallery for hot air balloons, aircraft, tractor and vintage vehicles.

A pleasant, productive morning. For our next meeting on June 20th, 10am, congregate outside WH Smith, Market St, Ashby to walk the Outside Gallery. (If it's wet meet at 2 Marlborough Way.)

Family History – Leader John Dogherty 01530 411148

May 9th

Four historians turned out today, including a new recruit: Ana (pronounced Ayna) Welcome Ana!

John D worked with Ana to establish a starting point. She already has an embryonic paper tree and a good store of background information, but is trying to trace the origin of her first name as it occurs in just about all generations. We made a good start by adding another generation, and a collateral line: again with the same names as one of her mainstream families!

She will now go and look at downloading some free tree software to start a digital tree, before trying out Ancestry or other online subscription site.

Sue ran into difficulties with Ancestry which will not show any detail on her tree, bar blank rectangles. Her other sample tree works fine. so more research is needed. It is to be hoped this will correct itself, as there are reports from elsewhere of others having trouble with Ancestry.

John H worked with Sue to try and sort the problem but eventually had to return to his Irish ancestors while Sue worked on her photo gallery.

Those using Ancestry can now access the 1939 Register.

Gardening - Leader Paul Dean 01283 295987

The Gardening Group is one of the largest interest groups. The committee try hard to provide a selection of activities suitable for all, including talks on various topics, trips out to well-known gardens and social events where plants are swapped and garden problems are solved! There is always food and drink at the end of each meeting and occasionally prizes to be won! Please come along and meet us and give the gardening club a try.

May 17th

On the afternoon of Thursday May 17th 35 members of the gardening group enjoyed a garden party at the home of Sheila and Paul Dean. The weather was perfect, their garden looked beautiful and the food and drink was much appreciated and enjoyed by all present. There was much talk about gardening matters and a plant swap was held which raised over £64 for Loros. Many thanks to Sheila and Paul for hosting the event.

The next gardening event is on Thursday June 21st when a visit will be made to a garden in Measham.

History – Leader Jane Harris 01530 838025

May 24th

A coach trip to Bristol Docks, Temple Mead station and Clifton Bridge

A full turnout of more than 50 members assembled at the Royal Hotel car park at 7.50 am on a chilly morning (after all the previous hot weather) for the coach ride to Bristol to see some of Isambard Brunel's finest works. Despite the rush hour traffic around Birmingham and a comfort stop on the way, we were no more than a few minutes late getting to Clifton Suspension Bridge. The threatened torrential rain held off to allow us to walk over the bridge and up to the view point overlooking it. However the overcast skies did not give us as good a view as it could, but the bridge spanning the gorge is still spectacular.

A short drive took us on to the SS Great Britain where we were booked in for a guided tour. Some took the opportunity (rarely missed) to grab a coffee or bite to eat. As we were such a large group we went round in two parties. Our guide told us of the construction, history and eventual preservation of the ship and was excellent at describing the conditions aboard for both the 1st and 3rd class passengers on Great Britain's many Atlantic crossings. It was also used for many years to carry immigrants to Australia, as a troop transport in the Crimea War and as a bulk coal carrier.

Some stayed to investigate the newly-opened Brunel museum whilst others took the bus or ferry-boat into Bristol city centre whilst yet others visited Brunel's original Great Western Railway terminus building at Temple Meads which is no longer used by Network Rail. Unfortunately for the last group, access to the main train shed was not possible as it was being used for university exams. However whilst Colin was giving us a guided tour of the outside, we were offered the chance to see into the cellars under the station which used to house the ash pits and are now used as a music, arts and theatre venue.

A guided tour of the engine shed and GWR offices concentrated mostly on the start-up companies working there now, and less on the building itself, but we did get to sit in Brunel's board room and visit the rarely seen attic space.

We all met up at back at the Great Britain for an uneventful coach trip back which returned us to Ashby by 8.45pm.

Industrial Heritage – Leader Mike Stow 01530 469152

We joined with the History Group on the visit to Bristol this month. See the report above.

Italian Group – Leader Lynda Hall 01530 415922

May 30th

NB: THE NEXT MEETING WILL BE ON THE **13th JUNE**, NOT THE 4th AS PREVIOUSLY STATED.

A full house today, and Lynda worked us hard. After a quick recap of Silvia's Party for Jane, we plunged straight in to listening again. This time it was about cooking methods and ingredients.

We needed to match ingredients to dishes, then make sure they agreed. We had to make up phrases incorporating the correct person for the verb when describing cooking activities. Applying the correct pronoun to ingredients both in singular and plural. Then making sentences about what dishes we preferred. The most difficult was arranging the processes in making pasta and applying the correct verb. Easy for those who cook, not so easy for those who don't!

Then a Quick Quiz about false/true things. Then what different people had for breakfast, picked from a series of pictures. Finally ascribing the correct personality to the breakfast they took, but with questions formed obliquely.

We then started on the usage of three irregular verbs (Fare, Stare and Dare), applying them in different persons to different activities associated with eating.

Last, but not least, we started on the gerund. A full programme!

Literature Group - Leader Sandra Harris 01530 416653

The Group met on the 8th May to discuss Ernest Hemingway's "For whom the bell tolls". This month they are reading "Deaf Sentence" by David Lodge.

Luncheon Group – Leaders Colin & Sharon Woodland 01530 413867

We are a group of men and ladies who enjoy a meal together, at various pubs and restaurants around the area. Everyone is welcome, all we ask is that you sign the form at the prior monthly meeting, email luncheon@ashbyu3a.co.uk or phone Colin & Sharon, so we can book the relevant number of seats.

May 10th – Angel Inn, Coleorton

Twenty two weary travellers arrived at the Angel Inn after a gruelling journey through the treacherous countryside of North West Leicestershire from Ashby de la Zouch to Coleorton. Some had braved the roadworks at the bottom of the town and others cunningly took alternative routes to avoid them.

The bar staff quickly set about quenching raging thirsts with various liquids from their pumps, bottles and cartons, whilst the kitchen staff set about the daunting task of supplying a variety of meals ordered from their comprehensive and very reasonably priced menu.

In very good time, all the meals were served piping hot, some from the kitchen and others from the buffet carvery and the noise of merry chatter subsided into an almost reverent quiet as the meals were consumed with relish.

As the meal progressed brief exchanges of conversation could be heard between mouthfuls, mostly good comments on the standard of the food. Being members of the Genteel U3A, everyone remembered their mother's instruction never to speak with their mouth full.

The empty plates at the end of the meal were a monument to the excellent standard of the food. All who attended left replete and relaxed and ready to tackle the homeward journey.

Music Appreciation – Leader David Oakley 01530 563409

May 2nd

Despite the very heavy rain eleven members braved the elements for our May meeting hosted by Neil. A special welcome went to new members Jill and Malcolm Hornsby.

With our usual around-the-room method David kicked off with two Mike Batt songs, 'Railway Hotel' and 'Run like the Wind'. Ann followed up with a couple of tracks by Jimmy Durante with his spoken-sung renditions of 'Smile' and 'I'll be seeing you'.

Dorothy put us straight into foot tapping mode with Amy Macdonald's 'This is the Life' and then for something completely different, and with an upcoming royal wedding in mind, she chose Charles-Marie Widor's 'Tocatta from his Organ Symphony No.5. It became popular after Princess Margaret's wedding in 1960.

Paul's first choice was the Military Wives Choir singing Carol King's 'You've got a Friend' followed by another modern classic 'He ain't heavy, he's my brother' by Neil Diamond.

After careful deliberation, both in and out of the shower, Mike had brought along Eva Cassidy singing 'Songbird' followed by the Eagles 'Hotel California' from their first album after a fourteen year-long break up. The album was named 'Hell Freezes Over' as that was when the band said they would next get together after the break up!

Nev had a '17' theme and selected Janice Ian's 'At seventeen' followed by the Beatles 'Just Seventeen'. If only we still had the energy to dance to it!

Trish is a Roy Orbison fan and went for him singing 'Pretty Woman', and told us about when she met Julia Roberts. Then after some technical hitches between an iPad and Spotify, we went off in another direction with Gerard Hoffnung's 'Bricklayers Lament'. We hadn't heard it for some while but it's still a hoot.

Lesley followed with two Nina Simone songs, 'My baby just cares for me' and 'House of the rising sun', a rendition that was new to us. Neil brought us full circle with three Harry Nilsson tracks, 'Without Her', 'River Deep', with arrangements by Phil Spector, and 'Lazy Moon'.

Finally to bridge the gap and close the session Nev played Emmylou Harris and 'Jerusalem Tomorrow'.

Our next meeting will be at 10am on Wednesday 6th June (D-Day) This will be kindly hosted by Lesley at 75 Leicester Road, Measham, DE12 7JG.

Quiz group - Leader Malcolm Bird 01530 563872

The group meet at the Bull and Lion, Packington. The Start time is 2.30 and involves tables of four. You do not need to arrange a team before the meeting as teams will be organised on the day. This enables single individuals to take part - and to make new friends by joining an ad hoc team. Tea and coffee are served. Total cost £1.20 of which 20p goes to a kitty for prizes.

May 16th

Five teams fought it out this month. Questions were posed by Chris and Eileen Smith. Some "maths" questions were announced with the result that loud groans of despair went round the room. However they were not really all that difficult and most teams did quite well. The prize was a bottle of bath essence for each member of the winning team. The June meeting will be on 20th to which all are welcome.

Recorder group - Leader Joan Gibson - recorder@ashbyu3a.co.uk

The recorder group meet to make music in a relaxed, fun way. I would hope that we would be able to cater for a wide range of experience and skill. We meet on the 1st and 3rd Thursday mornings each month. New members would be very welcome. Complete beginners would find it difficult to catch up though.

May 17th

Hi All,

There were four of us this morning. We were joined by Nan Mansfield, with her descant recorder.

We started with the first of 3 Easy Motets, then moved on to some old favourites: Eriskay Love Lilt, La Donna e Mobile, It Fell upon a Summer's day, Shortnin' Bread. We then attacked the Earle of Salisbury's Pavan, which we liked, but found tricky.

The fingerings for some less commonly played notes are difficult to remember, notably E flat on the descant (A flat on the treble). This makes sight-reading a bit erratic! However, we will not be defeated!

Next meeting 7th June, probably at mine, but family pressures may change this.

Joan

Supper Club – Contact Colin Ellis 01530 272592 - supper@ashbyu3a.co.uk

This group visits local pubs and restaurants for an evening meal. We meet on the 4th Thursday of the month at 7 for 7.30 pm. The intention is that we will jointly decide on venues and hopefully members will take it in turn to organise it.

Everyone is welcome, all we ask is that you sign the sheet by the display board at the monthly meeting, or contact Colin, by phone or by email, so we can book the relevant number of seats.

There may sometimes be a limit on numbers depending on the venue's ability to cater for larger groups, in which case places will be offered strictly on a first come, first served basis. There may also need to be a cut-off date for bookings. This will be stated on the bookings list.

If anyone wishes to join us but has difficulties with transport or doesn't wish to drive at night, contact Colin at the number/email address above, and we will try to arrange for some car-sharing.

May 31st – Turpins Bar & Restaurant, Twycross

A record turnout so far for the Supper Club saw 17 people arrive at Turpins in Twycross. Whilst some opted for starters the remainder had rather a long wait for the main course to arrive, but I think everyone enjoyed the food when it arrived. An heroic few went on to have a pudding too. The service was attentive and the venue was good although some thought it to be a bit noisy. That may have been down to lots of conversation around the two tables which we had to ourselves in a side room. Welcome to the members joining us for the first time, and we hope to see you again at another supper club event. All in all a pleasant evening.

Trips and Outings Group - Contact Margaret Howlett 01530 461774

Bristol coach trip – May 24th

The History and Industrial Heritage Groups' trip to Bristol was organised by Colin and the coach booking by Margaret. All went very smoothly. Thanks to Colin & Margaret and to our excellent coach driver for a great day out.

WALKS

The walk leaders will be at the meeting place whatever the weather and will only cancel the walk in consultation with those who turn up on the day. All dogs must be kept under control at all times. Walking boots or strong shoes are recommended. Be prepared for bad weather by taking warm waterproof clothing. Leaders act in a voluntary capacity. All ramblers walk at their own risk.

Walking Group - Leader Bob Baxendale 01530 481435

The walking group usually does walks of between 7-8 miles, twice a month, and we normally have a lunch stop at a pub near to, or at the end of, the walk.

May 15th. Newton Burgoland

A group of 14 assembled in the sunshine at Newton Burgoland for an 8 mile walk, passing close to Heather, Ravenstone and Normanton-le-Heath. A slightly earlier start than normal was made to ensure we returned in good time for lunch. This appeared to catch two out, who only joined us near Cattow's Farm. It was mostly pleasant, easy walking, with relatively few stiles.

The recent spell of dry weather had dried out most of the mud, although there were still some boggy sections in the woodland. Near to Ravenstone, we had to dodge a large piece of farm machinery, determined to distribute across our path whatever such items distribute - it's probably best not to enquire too closely! Towards the end, we deviated to avoid a field with frisky cattle but this was only a matter of a few yards.

On returning, it was found that we had acquired three more than had started - even if one of them did only walk 50 yards across the car park to get to lunch! Alas, the pub had suffered a flood in the cellar and there was no proper beer! However, the food was good, once we had the orders sorted out.

Medium walks – Leader Carole Harriman 01530 222634

The Medium Walk group do walks of up to 6 miles. Anyone interested please contact Carole.

May 14th. Snarestone

6 members volunteered to follow the leader across the fields from Snarestone. The weather was warm and sunny, with little breeze. The route had firm going with no crops to impede our progress, and no mud. There were some stiles to increase the exercise quota, but the terrain was basically level.

Setting off from The Globe we walked along Main Street before entering the fields via a farm track on the right. Crossing a number of fields we came to a rough farm track which led us onto Derby Lane. Crossing over and going through a gap in the hedge we walked along the field boundaries. The farmer had installed a fence to contain the path close to the hedge, which resulted in us wading through knee high weeds, fortunately fairly dry. Turning right, we walked along the edge of a field of oilseed rape before taking the path through the trees to reach the edge of Newton Burgoland.

From here, turning South, the route was along a wide farm track to get back to Derby Lane. Crossing over and walking along the field boundary we entered a small copse and reached the canal towpath. The rest of the route was along the canal towpath back to Snarestone.

Apart from the weeds and some unevenness, which resulted in a minor tumble, this was a pleasant, 5.6 mile walk.

Short walks Group – Leader John Howlett 01530 461774

The short walk group organises walks using well defined paths and routes without stiles. The maximum length is 3 miles. All are welcome.

May 18th Ticknall to Calke café and back

12 members assembled in the Ticknall village hall car park for a walk into Calke. The proposed walk was 3.7 miles, a bit outside the maximum distance but as everyone was up for it we set off. We took the new path that follows the edge of the wood just outside the main park area. We stopped at the sign describing the new hub they are building. We continued past the building site and took the main path into Calke. This brought us into the park where the road takes a sharp left. We followed the road, mainly walking on the grass, to the café. Here we stopped for a drink and comfort break. After the short pause we crossed the car park, took the path towards Ticknall and when we reached the entry road we followed this to the main entrance, crossed the road and took the back way to the car park. The weather was fantastic throughout and the distance 3 3/4 miles was completed in 2 1/2 hours.

Your Committee

Tony Smith	Chairman	chairman@ashbyu3a.co.uk	01530 831822
Colin Ellis	Treasurer	treasurer@ashbyu3a.co.uk	01530 272592
Anne Donegan	Business Secretary	secretary@ashbyu3a.co.uk	01283 760348
Iain Banns	Membership Secretary	members@ashbyu3a.co.uk	01530 416697
Peter Clement	Minutes Secretary	minutes@ashbyu3a.co.uk	01530 560894
James Bloor	Groups Coordinator	interestg@ashbyu3a.co.uk	01283 224468
Sheila Dean	Welfare	welfare@ashbyu3a.co.uk	01283 295997
Isobel Salt	Speaker seeker	speakers@ashbyu3a.co.uk	01283 222869
Mike Stow	Communications	comms@ashbyu3a.co.uk	01530 469152
Dorothy Chapman	Member	dorothy@ashbyu3a.co.uk	01530 413042

New committee members needed

We shall be needing some new blood on the Committee after the AGM in July when some of the current members are standing down. If you would like to join us yourself, or would like to propose someone else, please contact Anne Donegan for a Proposal Form.